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PRACTICE SWEATER

Designed by: Edie Eckman

SIZES

Women's S (M, L, XL, XXL)

KNITTED MEASUREMENTS

Bust 37 1/2 (41, 44 1/2, 48)"

Length 22 (23, 24, 25)"

MATERIALS

4 (5, 5, 6) skeins Cascade Yarns Cascade 220 (100% wool; 100g/220yds) color 9495

US size 8 (5mm) knitting needles OR SIZE TO OBTAIN GAUGE

US size 8 (5mm) 16" circular needles

2 stitch markers

Tapestry needle

GAUGE

20 sts and 28 rows = 4" in St st.

TO SAVE TIME, TAKE TIME TO CHECK GAUGE.

PULLOVER

BACK

Cast on 98 (106, 116, 124) sts. Work in k1, p1 rib for 1/2". Change to St st and work even until piece measures 1 (1, 1 1/2, 2)" from beg, ending with a WS row.

Dec Row (RS): K1, ssk, knit to last 3 sts, k2tog, k1—96 (104, 114, 122) sts. Rep dec row every 4th row 7 times more—82 (90, 100, 108) sts. Work even until piece measures 6 1/2 (6 1/2, 7 1/4, 7 3/4)" from beg, ending with a WS row.

Inc Row (RS): K1, m1, knit to last st, m1, k1. Rep inc row every 6th row 5 times more—94 (102, 112, 120) sts. Work even until piece measures 14 1/4 (14 3/4, 15 1/4, 16)" from beg, ending with a WS row.

Shape Armholes

Bind off 6 (7, 7, 7) sts at beg of next 2 rows—82 (88, 98, 106) sts. Dec 1 st each side every other row 6 (7, 10, 13) times—70 (74, 78, 80) sts. Work even until armhole measures 6 3/4 (7 1/4, 7 3/4, 8)", ending with a WS row.

Shape Back Neck and Shoulders

Mark center 28 (28, 30, 30) sts.

Next row (RS): Knit to marker, join a 2nd ball of yarn and bind off next 28 (28, 30, 30) sts, knit to end. Working back and forth with separate balls of yarn, bind off 3 sts at each neck edge once AND AT THE SAME TIME, bind off 7 sts at each shoulder edge 0 (2, 3, 2) times and 6 (6, 0, 8) sts 3 (1, 0, 1) times.

FRONT

Work as for back until armholes measure 4 3/4 (5 1/4, 5 1/2, 5 1/2)", ending with a WS row.

Shape Front Neck

Mark center 20 (20, 22, 22) sts.

Next row (RS): Knit to marker, join a 2nd ball of yarn and bind off next 20 (20, 22, 22) sts, knit to end. Working back and forth with separate balls of yarn, bind off 3 sts at each neck edge once. Dec 1 st each neck edge every other row 4 times —18 (20, 21, 22) sts each side. Work even until piece measures same as Back to shoulder shaping. Shape shoulders as for Back.

SLEEVES

Cast on 40 (44, 46, 50) sts. Work in k1, p1 rib for 1/2". Change to St st and work even until piece measures 1" from beg, ending with a WS row. Inc 1 st each side next row, then every 6th row 2 (2, 10, 18) times, then every 8th row 12 (12, 6, 0) times—70 (74, 80, 88) sts. Work even until piece measures 18" from beg, ending with a WS row.

Shape Sleeve Cap

Bind off 6 (7, 7, 7) sts at beg of next 2 rows, 0 (0, 3, 4) sts at beg of following 0 (0, 2, 2) rows. Bind off 2 sts at beg of next 10 (4, 0, 2) rows. Dec 1 st each side every other row 4 (9, 12, 11) times—30 (34, 36, 44) sts. Bind off 2 sts at beg of next 6 (2, 2, 6) rows and 3 sts at beg of following 0 (4, 4, 2) rows. Bind off rem 18 (18, 20, 22) sts.

FINISHING

Block pieces. Sew shoulder, side and sleeve seams. Set in sleeves.

Neck Band

With RS facing and circular ndl, pick up 90 (90, 94, 96) sts around neck edge. Work 1" in k1, p1 rib. Bind off loosely. Weave in ends.